



## DEAR RIDER,

Thank you for choosing HHEAL for your private /group lesson! We are so happy to serve you and will do everything possible to make this a great experience for you the equestrian as well as for the equine you will be teaming up with!

If you have any questions, please contact your instructor or the HHEAL barn office.

## CONTACT

### PHONE:

Text preferred: 863-414-3043—Kayla Comeau, Instructor

(863) 452-0006—HHEAL barn office

### EMAIL:

[HeartlandHorsesFlorida@gmail.com](mailto:HeartlandHorsesFlorida@gmail.com)

Payment is expected in advance:

Private lessons @\$50 an hour

Group lessons @ \$35 an hour

Lesson Schedules based on 6-week cycles.

\*The hour will include tacking and untacking and any other ground activities pertinent to instruction.

# WELCOME TO THE BARN!

Kayla Comeau, PATH CTRI

## YOUR PRIVATE / GROUP LESSON

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### Heartland Horses Equine Activities and Learning

4305 Independence St. Avon Park, Florida 33825—Location

PO Box 6884 Avon Park, Florida 33826—Mailing address

## YOUR TIME SCHEDULE: \_\_\_\_\_

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**If you are unable to attend your lesson, please let your instructor know the day before at the very latest. Full fees will be assessed if you are a no-show!**

Please come with long pants, closed-toe shoes (preferably boots: if you need to borrow a pair, we have some in the helmet room), water bottle, and any other items you need for the hour.

We have helmets of all sizes that you may use for your lesson, but you may wish to purchase your own to bring.

## SOME OF THE SKILLS YOU CAN LEARN:

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1. Tacking and Untacking your Equine
2. Mounting and Dismounting
3. Posture and Balance
4. Whoa and Walk On
5. Direct Rein/Neck Rein
6. Reverse Direction
7. Back Up
8. Working Walk
9. Sitting Trot/Rising Trot
10. Bending
11. Arena Spacing
12. Two-Point over Poles
13. Smooth Transitions
14. Bareback Riding
15. Rating your Horse's Speed
16. Canter, for advanced riders